

*The Ultimate Guide To*



**invisalign®**



**invisalign®**

**PLATINUM PARTNER PROVIDER**

Everything you need to know about Genuine Invisalign







- About OptiSmile Advanced Dentistry & Implant Centre
- What is Invisalign?
- How Does the Invisalign System Work?
- Is Invisalign Suitable for You?
- Invisalign Treatment Process
- Invisalign VS Traditional Orthodontics
- Life with Invisalign
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- Myths Debunked
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- Contact OptiSmile



**iTero**® element

***TAKE BACK YOUR  
CONFIDENCE.***



Cape Town's premier multi-speciality destination for oral health enhancement, smile rejuvenation, and complete restoration. Providing world-class dentistry, our warm, professional team will put you at ease with indulgent service and care. We will look after you like royalty. Your smile, guaranteed.

At OptiSmile, we are driven to optimise the appearance, comfort and function of your teeth and gums. So whether it's a painless filling you need, cosmetic or reconstructive dentistry, or even just the magic touch of a gentle dental hygienist – Our professionals utilise the latest technology in a professional, comfortable and friendly environment to help get your smile back to life.

With over 181 five star reviews on Google and Facebook, I personally guarantee that my OptiSmile team will make your experience something to rave about as well.

We are here to help you achieve optimal oral health and enable you to smile with confidence and vitality. I returned to South Africa after 32 years abroad in London, San Diego and Perth to build this state-of-the-art dentistry facility spread out over 500 square meters.

We are the only multi-speciality practice of this kind in Cape Town. We offer orthodontics (clear braces), periodontics (bleeding gums and recession), prosthodontics (implants, dentures and bridges), endodontics (root canals), oral surgery (wisdom teeth and extractions) and cosmetic teeth whitening, veneers, bonding and much more.





Invisalign is a virtually invisible method of straightening your teeth.

The Invisalign treatment uses a series of custom-made, clear plastic aligners which fit over and around your teeth to gradually and discretely move them to their ideal position.

If you have an overbite, underbite, crossbite, gappy teeth, open bite, crowded teeth or crooked teeth, then Invisalign may be the answer for you!

Invisalign is a modern teeth straightening technique and an alternative to traditional braces. Unlike braces, Invisalign is virtually invisible, much more effective and highly convenient! Invisalign aligners are digitally designed by our Invisalign dentists and are made of a patented thermoplastic material called SmartTrack. The material is FDA-approved and contains no BPA, BPS, Latex or Gluten. Like any cosmetic treatment, your Invisalign treatment result will vary from practice to practice. No two cases are ever the same, as they are personalised to your case.

Our experienced and knowledgeable dentists will create a personalised design for your case along with a treatment plan that will cater to your specific smile goals, needs and budget.

At OptiSmile, we use proper planning and smile design to achieve a customised result, which you will love! The best perk of Invisalign is that you will preview the movements of your teeth throughout the duration of your treatment and your final result before even starting your treatment (using 3D video technology)! No wires, no metal brackets and no constant tightening needed. You may even be able to notice a straighter smile as quickly as six weeks!





# invisalign®

**invis** is  
transforming  
your smile more  
comfortably\*.



\*Compared to Invisalign aligners made from single layer .030in material (Ex30). Data on file at Align Technology.



**invisalign®**  
**PROVIDER**



1

Your routine will be uninterrupted! Invisalign aligners are removable and easy to take out, so you can continue brushing your teeth, eating as you usually would and playing the sports you love! As mentioned before, they are also virtually invisible and an excellent option for those who want a discreet treatment option.

2

Our Invisalign guru Dr Harris Smeyatsky has over 20 years of experience working with Invisalign. No two cases are ever the same, as they are personalised to your case. Our experienced and knowledgeable team will create a personalised treatment plan that will cater to your specific smile goals, needs and budget.

3

Your dedicated Invisalign dentist will create a personalised 3D video preview of your predicted movements throughout your Invisalign treatment and outcome before starting treatment using the data collected from your scans and records. This also informs you of the exact length of the treatment before starting.

4

Your series of custom-made aligners will be manufactured and shipped to OptiSmile. Your series of custom-made aligners will be given to you (typically 3-4 sets at a time) to wear every day and change approximately every 1 to 2 weeks.

5

We will see you at OptiSmile approximately every four weeks to monitor your progress and give you your next series of aligners to wear. Depending on the complexity of your case, you could complete your Invisalign treatment in as little as four months.

6

Once your Invisalign treatment ends, you will continue to maintain your new smile with the use of Vivera retainers. Vivera retainers are custom made for your new smile and strong enough to keep your teeth in their final position. You wear them only in the evenings several times a week.



Results In As Little As 4 Months!



**invis** is  
the smile  
you expect.



***TAKE BACK YOUR  
CONFIDENCE.***



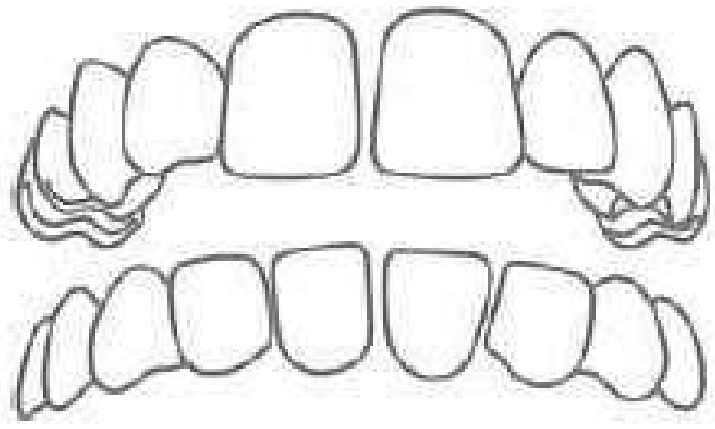
[optismile@optismile.co.za](mailto:optismile@optismile.co.za)

087 702 6886

[www.optismile.co.za](http://www.optismile.co.za)

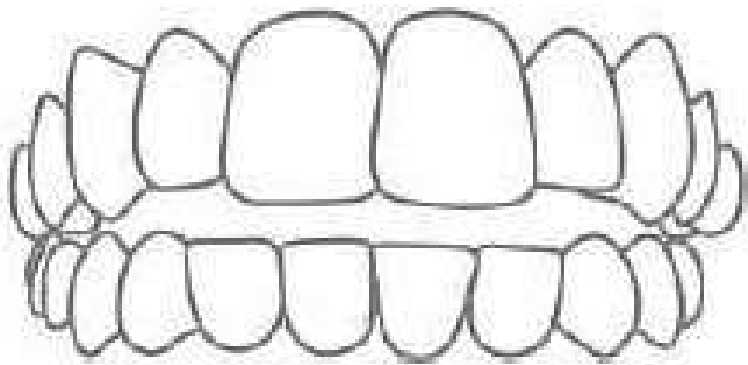
Suite 303, The Point Mall, Sea Point, Cape Town





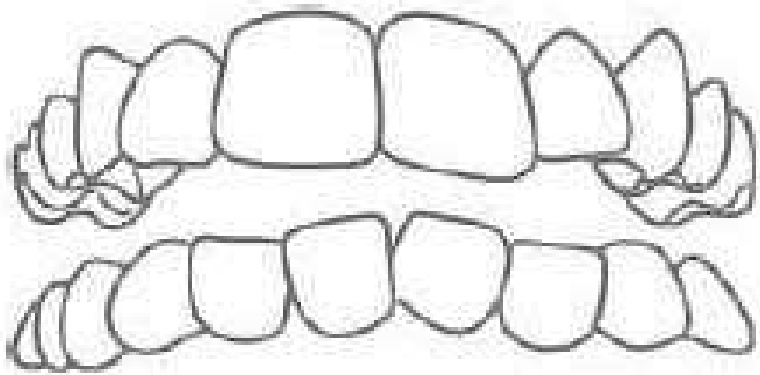
## GAPPED TEETH

This occurs when there is considerable space between at least two of your teeth, and can cause gum problems.



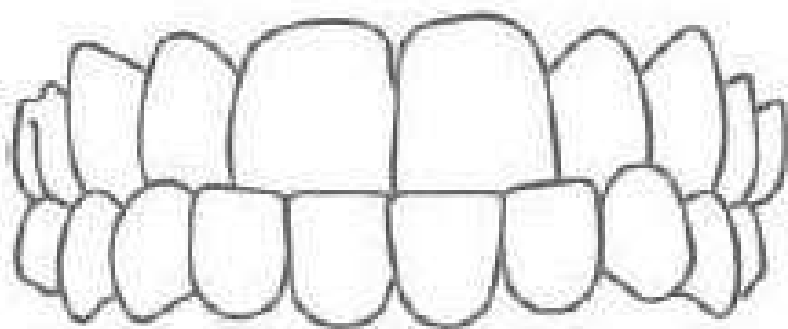
## OPENBITE

This form of misalignment occurs when the upper and lower front teeth slant outwards and do not touch when the mouth is closed.



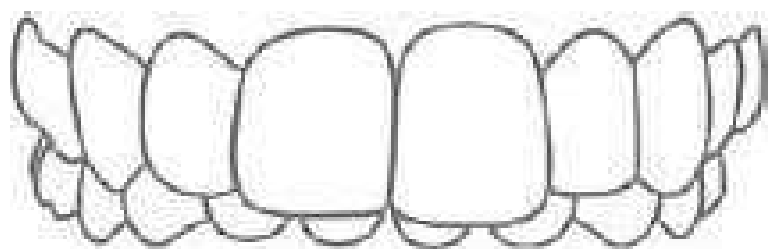
## OVERCROWDING

This occurs when there is simply a lack of room within your jaw for all your teeth to fit normally, leading to plaque accumulation and tooth decay.



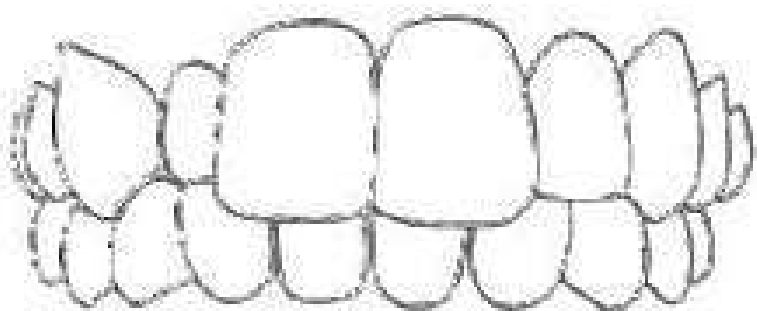
## UNDERBITE

This occurs when the lower teeth protrude past the front teeth, preventing the normal function of your front teeth and molars.



## OVERBITE

This occurs when the upper teeth bite over the lower teeth and can lead to painful jaw irritation.



## CROSSBITE

This can occur when the upper and lower jaws are misaligned and can cause wear and tear leading to bone loss.



10 Million Smiles Straightened!



**invis** is  
made from  
patented  
SmartTrack  
material.



**invisalign**<sup>®</sup>  
PROVIDER



The 1st iTero Scanner in Africa at OptiSmile!



Dr Harris Smeytasky Using  
The iTero Element Scanner.



Dr Harris Smeytasky Using  
The iTero Element Scanner.

